

# Albertina Kerr Subacute Referral Form

Please complete the form below and submit with the documentation outlined in the “Albertina Kerr Subacute Referral Requirements.”

**QUESTIONS?** Contact the Access Center at 503-408-4705 or [AccessCenterInbox@AlbertinaKerr.org](mailto:AccessCenterInbox@AlbertinaKerr.org)

## DEMOGRAPHIC INFORMATION:

Complete the table below and provide a hospital or clinic face sheet with *current demographic information* from patient’s medical record.

<b>Youth Legal Name:</b>	
<b>Youth Preferred Name:</b>	
<b>DOB:</b>	
<b>Insurance Information</b> (include copy of card):	
<b>Current Home Address:</b>	
<b>Hospital or Treatment Program</b> where youth is currently located (if applicable):	
<b>Parent or Guardian Information:</b> (Name, Address, Phone Number(s))	

## MENTAL HEALTH ASSESSMENT:

Include a recent **mental health assessment** and / or clinical documentation within the past week by a QMHP / LMP. Also, please complete the summary table below:

<b>Current Diagnoses:</b>	
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<p><b>Summarize the current mental health crisis</b>, symptoms, and safety concerns by providing a recent Mental Health Assessment and/or clinical documentation within the past week by a QMHP / LMP.</p> <p><b>**Note for referring Clinician**:</b> Please indicate yes or no for each question below. If youth exhibits any of the behaviors listed below, provide a brief description:</p>	
<b>Self-Harm Behaviors:</b>	
<ul style="list-style-type: none"> <li>▪ Suicidal ideation/suicide attempts – if recent toxic ingestion is youth physically medically clear?</li> </ul>	
<ul style="list-style-type: none"> <li>▪ Aggressive behaviors (in what environments does aggression</li> </ul>	

occur, what does it look like, and towards whom?)	
<ul style="list-style-type: none"> <li>Sexualized behaviors (what does it look like and towards whom?)</li> </ul>	
<ul style="list-style-type: none"> <li>Auditory/Visual Hallucinations, paranoid behaviors</li> </ul>	
<ul style="list-style-type: none"> <li>Risky behaviors</li> </ul>	
<ul style="list-style-type: none"> <li>Drug/Alcohol use, including type of substances, frequency of use, and date of most recent use</li> </ul>	
<ul style="list-style-type: none"> <li><b>ADLs:</b> Can youth independently complete activities of daily living? If no, please describe limitations.</li> </ul>	
<b>History:</b> Provide a brief history of prior mental health treatment	
<p><b>Recommended Level of Care:</b></p> <ul style="list-style-type: none"> <li>Provide recommendation for subacute level of care, including specific treatment goals desired in a secure setting.</li> <li>Indicate why subacute is more appropriate vs. increased outpatient supports or acute hospitalization.</li> </ul>	

**HOSPITAL DOCUMENTATION** [Complete this section if youth is coming from an emergency department or hospital]

**\*\*Note for referring Clinician\*\*:** Please indicate yes or no for each question below. **Include all supporting medical records with the referral:**

<ul style="list-style-type: none"> <li>Mental health assessment</li> </ul>	
<ul style="list-style-type: none"> <li>H&amp;P/psychiatric assessment</li> </ul>	
<ul style="list-style-type: none"> <li>All labs and vitals taken</li> </ul>	
<ul style="list-style-type: none"> <li>BMI</li> </ul>	

<ul style="list-style-type: none"> <li>▪ MAR to see which meds were given in the ED</li> </ul>	
<ul style="list-style-type: none"> <li>▪ Nursing notes</li> </ul>	
<ul style="list-style-type: none"> <li>▪ Incident reports</li> </ul>	

**OTHER MEDICAL INFORMATION:**

Please include a brief description & any supporting medical records for all that apply.

<p><b>Current Medications:</b> A <u>complete list of all medications</u>, dosages, and who prescribes them (including over the counter and supplements) <u>OR</u> a note indicating the child is not on medication.</p>	
<p><b>Any known hospitalizations in the last 3 months?</b> If so, please list hospital information and date(s) of service.</p>	
<p><b>Specialized Care:</b></p>	
<ul style="list-style-type: none"> <li>▪ <b>Does youth require specialized care?</b> If yes, summarize and provide medical documentation. <ul style="list-style-type: none"> <li>○ For example, Diabetes, Crohn's Disease, Celiac Disease, Seizures, Eating disorders, Allergies, etc.</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>▪ <b>Concerns with Eating?:</b> If yes, please describe briefly &amp; include: BMI, documentation of any significant recent weight loss or gain, how many meals per day child eats and what percentage of meals are eaten, or formal diagnosis.</li> </ul>	

**CARE TEAM & DISCHARGE PLAN:**

<p><b>Clinical Support of Subacute Referral:</b> Provide a statement from the youth's Outpatient Mental Health treatment team/Clinician indicating they are supportive of the Subacute Referral.</p>	
<p><b>List the youth's team members, including contact information &amp; affiliated organizations:</b></p>	
<ul style="list-style-type: none"> <li>▪ All therapists</li> </ul>	

▪ PCP	
▪ Psychiatrists/Psychiatric NP	
▪ Caseworkers	
▪ Care coordinators	
▪ Probation officers	
▪ Legal guardians	
▪ DD workers	
▪ Skills trainers	
▪ Specialists	
▪ Other	
<b>Discharge plan:</b> Can the youth return to their living situation upon concluding services from Subacute? If No, outline the plan for living arrangements following Subacute service conclusion.	
<b>DHS:</b> Is there DHS involvement, either historical or current, in the youth or family's life? If Yes, please explain and include contact information for the Youth's current DHS support team.	

**SUBMITTING A NEW REFERRAL:**

<b>Send all information to the Albertina Kerr Subacute Access Center:</b>
▪ Via secure email to <a href="mailto:AccessCenterInbox@AlbertinaKerr.org">AccessCenterInbox@AlbertinaKerr.org</a>
▪ Via Fax to 503-254-6759

**QUESTIONS?** Contact the Albertina Kerr Subacute Access Center at 503-408-4705

*\*Please review the Referral Requirements in the Albertina Kerr Subacute Referral Packet for more information.*